



**For people with disabilities  
and their friends**

## Learn about Relationships and Boundaries

Come join us to discuss the different types of relationships that may be in your life, covering a wide range from co-workers to family and friends.

### Types of things that will be talked about:

- ⇒ What makes a relationship safe or unsafe?
- ⇒ What's harassment and what do you do if it happens?
- ⇒ What are your rules about your body and your feelings?
- ⇒ Who are trusted people in your life?
- ⇒ What should you know about social media like Facebook?
- ⇒ How to have a discussion about these issues with your team of support.

**Date: Tuesday October 17, 2017 from 6 p.m. to 8 p.m.**

**Location: Emerald Foundation, 2120 Oregon Pike, Lancaster PA 17601**

**RSVP by October 11 to 717-394-5251 or [info@thearcoflancasterco.org](mailto:info@thearcoflancasterco.org)**

**No cost to attend**

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For information call 717-394-5251

or email [info@thearcoflancasterco.org](mailto:info@thearcoflancasterco.org)

The sessions will be facilitated by YWCA Lancaster. [www.ywcalancaster.org](http://www.ywcalancaster.org)

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