



**For people with disabilities  
and their friends**

**Join the Lebanon Self Advocacy Group and**

## **Learn about Relationships and Boundaries**

Come join us to discuss the different types of relationships that may be in your life, covering a wide range from co-workers to family and friends.

### **Types of things that will be talked about:**

- ⇒ What makes a relationship safe or unsafe?
- ⇒ What's harassment and what do you do if it happens?
- ⇒ What are your rules about your body and your feelings?
- ⇒ Who are trusted people in your life?
- ⇒ What should you know about social media like Facebook?
- ⇒ How to have a discussion about these issues with your team of support.

**Date: Monday November 20, 2017 from 6 p.m. to 8 p.m.**

**Location: Salem Lutheran Church, 119 N 8th St, Lebanon, PA 17046**

**RSVP by November 15 to 717-394-5251 or [info@thearcoflancasterco.org](mailto:info@thearcoflancasterco.org)**

**No cost to attend**

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For information call 717-394-5251

or email [info@thearcoflancasterco.org](mailto:info@thearcoflancasterco.org)

The sessions will be facilitated by YWCA Lancaster. [www.ywcalancaster.org](http://www.ywcalancaster.org)

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