



PATHways Pilot Program

Providing Assistance to Transitioning Households

PATHways is a new pilot program that works with families during pivotal transition times, helping to think through and plan for upcoming life needs and work through what is needed to get to the next point in life. We will work with families and individuals to help them identify concerns, hopes and fears; guiding them to a plan and goal for moving forward.



We know many individuals receiving Intellectual Disabilities (ID) services struggle during times of change and transition, as do their families and caregivers. The goal of this pilot program is to offer help to families so that they in turn are better able to support their family member.

This program will provide families and caregivers with resources, information (both community and system related), support in navigating major change/transition stressors, and links to applicable community agencies and services.

The overall goal of this program is to assist families and caregivers in successfully traversing some of life's most challenging transitions so they are able to assist in making the best choices regarding the many options available.

PATHways can assist families with the following Transitions :

- *Early Intervention to school base*
- *School base through transition years (14–21)*
- *Adult to employment*
- *Adult to community living from family home*
- *Any other life transition*



Services PATHways Provides

- *Meet with families individually to develop and discuss goals*
- *Help families identify the transition they are working through in precise terms so they better understand what will be needed and why*
- *Empower families to confidently navigate the ID system and services*
- *Assist families in discussing resources*
- *Work in partnership with the Supports Coordinator in developing a comprehensive plan*
- *Identify and discuss barriers, concerns and possible solutions*
- *Help process and discuss feelings that arise during life transitions*

Intake Criteria

- ✓ *Have a Supports Coordinator through Lancaster County Behavioral Health/ Developmental Services (BHDS)*
- ✓ *Application approved by The Arc Of Lancaster County*
- ✓ *Signed form giving BHDS permission to share information with The Arc of Lancaster County*

For more information

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