



Join our Self-Advocate Group!

A time for adults with disabilities to get together to:

- ◆ Build connections with other people who identify with a disability
- ◆ Learn to live a life of your own choice
- ◆ Teach the community that negative stigmas of disability are not true
- ◆ Learn skills so that you can be fully included in your community
- ◆ Plan events and fun things to do!

Meetings will be held monthly.



Interested?

Contact us to be added to a list to get notices of meetings!

717-394-5251 or info@thearcoflancasterco.org

