



The Arc of Lancaster County

All the ways we work to empower and connect you!

INDIVIDUAL AND FAMILY SUPPORT AND ADVOCACY

Individual, Educational & Systems Support and Advocacy for people with intellectual and developmental disabilities (I/DD) and their families to make sure their voice is heard and their concerns are addressed at an individual, local or statewide setting.

FAMILY INFORMATION SESSIONS *

Trainings held each month at The Arc's office. Speakers on topics related to disability issues such as Funding, Guardianship, ABLE Accounts, Special Needs Trusts, Waiver 101, etc.

PATHways

A pilot program that works with families during pivotal transition times, helping to think through and plan for upcoming life needs and work through what is needed to get to the next point in life. We will work with families and individuals to help them identify concerns, hopes and fears; guiding them to a plan and goal for moving forward.

SIBTALK*

A fun gathering with discussions, snacks, games and activities for kids ages 8 to 12 who have a sibling with a disability where they can meet others who have a brother/sister with a disability. Pre-registration is required.

TRAININGS

We are available to come to your school, business, place of worship, or agency to talk about issues related to disabilities. Contact us for a menu of training topics.

CONNECTIONS

Bowling! Rocky Springs Entertainment Center www.rockysprings.net

The Arc and Rocky Springs (1495 Millport, Rd. Lancaster) have teamed up for a fun time every Wednesday 6 to 7:30 p.m. Wheelchair Accessible. No RSVP needed.

Relationships Training

Talk about getting along with the people in your life like your friends, boss, coworkers, boyfriend or girlfriend; and learn about healthy relationships and safe boundaries. Contact The Arc to be notified of upcoming events.

disABILITY ACCEPTANCE TRAINING

A presentation given for schools, scouts, and businesses to help participants achieve a greater understanding and acceptance of their peers with disabilities. Our trained personnel present information showing all have value. This training can be modified for assembly programs.

ARC ANGEL

Connecting community givers with people who need Christmas presents in collaboration with Lancaster County Behavioral Health and Developmental Services.

BEST BUDDIES *

Fosters one-to-one friendships between adults with Intellectual and Developmental Disabilities and college students at either Millersville University or Elizabethtown College. Best Buddies provides opportunity for those with I/DD to be involved in campus and community life.

*See The Arc's website for more information.



The Arc of Lancaster County Become a member today!

Your support and membership enables us to provide advocacy, community education, information and referral services for an estimated 12,000 Lancaster County residents with intellectual and developmental disabilities and their families.

Your membership comes with the following benefits:

1. Advocacy, support, and referral for issues and concerns.
2. Program registration fees waived (if applicable)
3. Newsletter from The Arc of Lancaster County highlighting current issues and events
4. Membership with The Arc of PA and The Arc US
www.thearcpa.org and www.thearc.org
5. Your voice represented at a local and state level
6. Bowl for \$1 game at Rocky Springs Family Entertainment



Ways to support The Arc of Lancaster County:

1. Become a member.
2. Make a donation.
3. Place clothing items in *Community Aid bins* sponsored by The Arc. See our website for Arc sponsored locations.
4. Place a *Community Aid bin* at your location for The Arc of Lancaster County and keep your donations local!
5. Get a swipe card to use at Knight & Day or Park City Diners and a 10% donation will be made to us with each use. Contact The Arc for a free card.
6. Ask your employer to consider The Arc for their Community support.



ACHIEVE WITH US - BECOME A MEMBER and SUPPORTER TODAY

To become a member of The Arc, complete the membership application form and return it with your check to: The Arc of Lancaster County, 630 Janet Avenue, Lancaster PA 17601.

Or on-line via PayPal at our website at www.thearcoflancasterco.org

Name(s): _____

Address: _____

Phone: _____

Email: _____

Employer: _____

New member

Membership Level

\$25 Individual/Family

\$100 Silver VIP

\$250 Gold VIP

\$500 Platinum VIP

\$1000 Organization

Thank You!