



**For people with disabilities  
and their friends**

**Join the Lebanon Self Advocacy Group and**

**Learn to “Speak Up” by exploring  
your likes and dislikes.**

## Areas of Discussion:

- ⇒ What do I like and why?
- ⇒ What are my dislikes and why?
- ⇒ How do these feelings affect my daily life?
- ⇒ How can I Speak Up to let people know my feelings?
- ⇒ Are there other people who have the same feelings?

**Date:** Monday April 9, 2018 from 6 p.m. to 7:30 p.m.

**Location:** Lebanon Co Library, 125 N 7th St, Lebanon PA 17046

**RSVP by April 5** to 717-394-5251 or [peggy@thearcoflancasterco.org](mailto:peggy@thearcoflancasterco.org)

**Bring a friend ~ No cost to attend**

For additional information call 717-394-5251

or email [peggy@thearcoflancasterco.org](mailto:peggy@thearcoflancasterco.org)

